

Southwinds Church Shasta Missions

Summer 2010

Southwinds Church

Packing:

When in doubt, leave it out

* It is important that we dress modestly to remain culturally sensitive and be a good witness. We are guests! Attention to this detail will avoid a negative reflection on the Lord.

What to bring: Think about it... If you cannot leave it, don't bring it

One suitcase only (preferably not the king kong size) that fits the following one "church" outfit for possible special event

Light weight Jacket

Sleeping bag & pillow in a (plastic bag) with name on it.

Foam or inflatable mattress or sleeping cot (think sleeping on the ground)

Long johns or sweats for sleeping

Two or more pairs of long pants for work and onsite comfort

Two or more (long sleeve)sweat shirts

Tee shirts for each day (no white/no advertisements)(they will get dirty)

Two towels & wash cloths

Toiletries & antibiotic wipes suntan lotion & lip balm

1 rolls of toilet paper

Two pairs of shoes and extra socks (flip flops not advised)

Bible, notebook & pen

Flashlight

Fold up chair

Personal size, reusable water/drinking container with your name on it

hats & sunglasses

Work gloves

inexpensive camera and film

A family photo to share

Personal snacks

A swim suit (no bikini type and modest) and cover up (for possible water day)

Extra money for:

fast food stops down and back

Souvenirs/small gifts

Shasta Area Missions 2010

Summer

Southwinds Church

What not to bring

A bad attitude or profanity

Jewelry

Expensive Electronics, PC, IPOD, CD player and headphones

short Shorts

Tank tops

Bare mid drift

No piercing or tattoos

Unnatural hair colors

Tobacco products

Illegal drugs and fireworks

Blow dryers & curling irons

any type of weapon

During the trip

Devotions

Each day, time with God will be a valuable part in your preparations for service and ministry. Use it to prepare your mind and thoughts for the joys as well as the unexpected circumstances that may come up during the trip.

Journal

Keeping a written account of your experience will be helpful when you return and share the news of the trip.

Before returning home

On the last night of the trip we will have a wrap up meeting. Be ready to share what impacted you the most and what you learned while on this mission trip.

* Consider volunteering to write a short article or speak before others about the trip, a personal experience you had during the trip will surely be witness to the glory and the work of the Lord.